

Department Profile from 2016-17 to 2020-2021

INTRODUCTION

- ❖ **All the B A & B Com undergraduate students can take part in the Physical Education activities of the college.**
- ❖ **The aim of the physical education is to provide students Sports Skills, Values, Leadership qualities & enthusiasm to maintain healthy life throughout.**
- ❖ **The activities included in the programs are designed to promote Physical fitness to develop motor skills , to get knowledge and understanding of rules, concepts and strategies.**
- ❖ **Students learn to either work as a part of learn or as an individuals in the wide variety of competitive sports and games.**
- ❖ **Physical Education means, the overall development of the body i.e. physically , Mentally and socially.**

Sports Report from 2016-17 to 2020-2021

- one day workshop was organised in association with Yoga science, Pranayam and Self – Defence School of Indian Karate (Reg.) Kalaburgi, and Department of Sports on 18th September 2016.**
- Organized One Month Certificate Course of Karate from September 20th 2016 to October 2016 & also have MOU with Yoga science Pranayam & self Defense School of Indian Karate Kalaburgi.**
- Organised Two Weeks Certificate Course of Yoga from 22 July 2017 to 05 August 2017 & also have MOU with Vivek Jagruta Yoga Kendra Kalaburgi.**
- On the eve of 30th death anniversary of Parama Poojya Doddappa Appa a Blood Donation Camp was jointly organized by Sports Dept & N.S.S on 13th September 2013. The Blood Bank Officer of Basaveshwara Hospital Gulbarga**
- Organised Two Weeks Certificate Course of Yoga from 06th February 2018 to 20th February 2018 & also have MOU with Bhoomi Yoga Foundation Kalaburgi.**
- Organised One Month Certificate Course of Yoga from 05th September 2018 to 10th October 2018. This course was started by our students who got Black Belt in Karate.**

Organised Two Weeks Certificate Course of Yoga from 16th August 2019 to 31st August 2019 & also have MOU with Bhoomi Yoga Foundation Kalaburgi.

Organised One month Karate Certificate Course from 1st September 2019 to 31st August 20189 & also have MOU with North Karnataka Sports & Hyderabad Karnataka Zen Shito RYO Karate School India Kalaburgi

On 06th & 07th December 2019 our college organised Inter Collegiate Karate Tournament & Selection trials. Our students are honoured with highest participation & also won Gold, Silver & Bronze medals.

Our college organised Coaching Camp for Karnataka State Akkamahadevi Women University Karate team from 28th December 2019 to 06th January 2020.

Our college organised Rural Inter Collegiate Rural Games Competitions on 20th February 2020.

Observed National Sports Day every year on 29th August & International Yoga Day from 21st June 2017-18 onwards & once Online International Yoga Day was observed.

Every year Annual Sports Meet was conducted but in 2020-2021 due to Corona annual sports was not conducted.

Department of Sports

Calendar of Events of 2019-2020(Tentative)

- 1. July :**
- a) Meeting with Principal & Sports Advisor to discuss about sports Activities, Certificate Courses & Workshops.**
 - b) Enrolment of students.**
 - c) Meeting with students.**
 - d) Advisory Committee Meeting**
- 2. August :**
- a) Physical Directors Meeting at Akka Mahadevi Women's University Vijayapur**
 - b) National Sports Day on 29/08/2019.**
- 3. September :**
- a) Participated in State Level Yoga Open Tournament**
- 4. October :**
- a) Participated in Athletic Meet**
- 5. December: & January**
- a) Certificate Course on Karate. [8 Weeks.]**
 - b) Workshop on Self Defence Skill, First Aid.**
 - c) First Aid Training. [2 Weeks.]**
- 6. February :**
- a) Annual Sports Meet.**
- Note: -**
- a) Organising Tournaments.**
 - b) Coaching in different sports & Games.**
 - c) Participation in Inter Collegiate & Inter University Tournaments & Selection Trials.**
 - d) Participation in State, National & International Seminars, Conference & workshops & also Selection Committee.**

Students Achievements from 2016-17 to 2020-2021 Report of 2016-17

| Sl No | Name of the Student | Class | Date & Year | Event | Place/Grade | Venue |
|-------|----------------------------|----------------|--|-----------------------------------|-------------|---|
| 1 | Kum. Bhagyashree H Shindhe | B Com III Year | 19 th & 20 th September 2016 | Inter collegiate Chess tournament | Winners | Govt First Grade college for Women Belagavi |
| 2 | Kum Mangala B Biradar | B Com III Year | 19 th & 20 th September 2016 | Inter collegiate Chess tournament | Winners | Govt First Grade college for Women Belagavi |
| 3 | Kum Ashwini D P | B Com III Year | 19 th & 20 th September 2016 | Inter collegiate Chess tournament | Winners | Govt First Grade college for Women Belagavi |
| 4 | Kum. Nikhita G Divekar | B Com II Year | 19 th & 20 th September 2016 | Inter collegiate Chess tournament | Winners | Govt First Grade college for Women Belagavi |
| 5 | Kum Reshma B Ambalagi | B A II Year | 19 th & 20 th September 2016 | Inter collegiate Chess tournament | Winners | Govt First Grade college for Women Belagavi |
| 6 | Kum Aishwarya Bandi | B Com I Year | 19 th & 20 th September 2016 | Inter collegiate Chess tournament | Winners | Govt First Grade college for Women Belagavi |

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| 7 | Priyanka R | B A III Year | 8/1/2017 | National | Yoga Pratibha Puraskar Award at Bangalore 2016-17 | Bangalore |
| 8 | Aarati R | B A II Year | 8/1/2017 | National | Yoga Pratibha Puraskar Award at Bangalore 2016-17 | Bangalore |
| 9 | Nanda D U | B A II Year | 8/1/2017 | National | Yoga Pratibha Puraskar Award at Bangalore 2016-17 | Bangalore |
| 10 | Reshma B A | B A II Year | 8/1/2017 | National | Yoga Pratibha Puraskar Award at Bangalore 2016-17 | Bangalore |
| 11 | Preeti S S | B A II Year | 8/1/2017 | National | Yoga Pratibha Puraskar Award at Bangalore 2016-17 | Bangalore |
| 12 | Sandhyarani S B | B A II Year | 8/1/2017 | National | Yoga Pratibha Puraskar Award at Bangalore 2016-17 | Bangalore |
| 13 | Shailaja | B A II Year | 8/1/2017 | National | Yoga Pratibha Puraskar Award at Bangalore 2016-17 | Bangalore |
| 14 | Shruti I B | B A II Year | 8/1/2017 | National | Yoga Pratibha Puraskar Award at Bangalore 2016-17 | Bangalore |
| 15 | Laxmi D M | B A II Year | 8/1/2017 | National | Yoga Pratibha Puraskar Award at Bangalore 2016-17 | Bangalore |

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| 16 | Shweta M | B A II Year | 8/1/2017 | National | Yoga Pratibha Puraskar Award at Bangalore 2016-17 | Bangalore |
| 17 | Shivamangala C H | B A II Year | 8/1/2017 | National | Yoga Pratibha Puraskar Award at Bangalore 2016-17 | Bangalore |
| 18 | Vijayalakshmi H N | B A II Year | 8/1/2017 | National | Yoga Pratibha Puraskar Award at Bangalore 2016-17 | Bangalore |
| 19 | Vijayalakshmi S R | B A II Year | 8/1/2017 | National | Yoga Pratibha Puraskar Award at Bangalore 2016-17 | Bangalore |
| 20 | Mahadevi J N | B A I Year | 8/1/2017 | National | Yoga Pratibha Puraskar Award at Bangalore 2016-17 | Bangalore |
| 21 | Swati B H | B A I Year | 8/1/2017 | National | Yoga Pratibha Puraskar Award at Bangalore 2016-17 | Bangalore |

Report of 2017-18

| SI No | Name of the Student | Class | Date & Year | Event | Place/Grade | Venue |
|-------|------------------------|-------------|---|--------------------------------------|-------------|-------------------------------------|
| 1 | Kum. Reshma Ambalagi | B A III Yr | 7 th & 8 th September 2017. | Inter Collegiate Chess Tournament | Runners Up | SJMVS College for Women Hubli |
| 2 | Kum Ashwini S k | B A III Yr | 7 th & 8 th September 2017. | Inter Collegiate Chess Tournament | Runners Up | SJMVS College for Women Hubli |
| 3 | Kum Aishwarya Bandi | B Com II Yr | 7 th & 8 th September 2017. | Inter Collegiate Chess Tournament | Runners Up | SJMVS College for Women Hubli |
| 4 | Kum. Praneeta J Lahoti | B Com II Yr | 7 th & 8 th September 2017. | Inter Collegiate Chess Tournament | Runners Up | SJMVS College for Women Hubli |
| 5 | Kum.Shailaja | B A III Yr | 03 rd September 2017 | State Level Yoga Championship | B Grade | Bhoomi Yoga Foundation Kalaburgi |
| 6 | Kum. Nanda D U | B A III Yr | 03 rd September 2017 | State Level Yoga Championship | B Grade | Bhoomi Yoga Foundation Kalaburgi |
| 7 | Kum.Reshma B A | B A III Yr | 03 rd September 2017 | State Level Yoga Championship | B Grade | Bhoomi Yoga Foundation Kalaburgi |
| 8 | Kum. Laxmi D M | B A III Yr | 03 rd September 2017 | State Level Yoga Championship | A Grade | Bhoomi Yoga Foundation Kalaburgi |

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| 9 | Kum. Shweta M | B A III Yr | 03rd September 2017 | State Level Yoga Championship | B Grade | Bhoomi Yoga Foundation Kalaburgi |
| 10 | Kum. Mahadevi J B | B A II Yr | 03rd September 2017 | State Level Yoga Championship | B Grade | Bhoomi Yoga Foundation Kalaburgi |
| 11 | Kum. Swati B H | B A II Yr | 03rd September 2017 | State Level Yoga Championship | A Grade | Bhoomi Yoga Foundation Kalaburgi |
| 12 | Kum. Ambika P | B A II Yr | 03rd September 2017 | State Level Yoga Championship | A Grade | Bhoomi Yoga Foundation Kalaburgi |
| 13 | Kum. Pooja Chavan | B A III Yr | 03rd September 2017 | State Level Yoga Championship | B Grade | Bhoomi Yoga Foundation Kalaburgi |
| 14 | Kum. Soni | B A II Yr | 03rd September 2017 | State Level Yoga Championship | B Grade | Bhoomi Yoga Foundation Kalaburgi |
| 15 | Kum. Shilpa | B Com III Yr | 03rd September 2017 | State Level Yoga Championship | B Grade | Bhoomi Yoga Foundation Kalaburgi |
| 16 | Kum. Jyoti Dayal | B Com II Yr | 03rd September 2017 | State Level Yoga Championship | B Grade | Bhoomi Yoga Foundation Kalaburgi |

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| 17 | Kum.Soumyashree B | B Com III Yr | 03 rd September 2017 | State Level Yoga Championship | B Grade | Bhoomi Yoga Foundation Kalaburgi |
| 18 | Kum. Bhagyashree | B A I Yr | 03 rd September 2017 | State Level Yoga Championship | B Grade | Bhoomi Yoga Foundation Kalaburgi |
| 19 | Kum.shivamangala | B A III Yr | 03 rd September 2017 | State Level Yoga Championship | B Grade | Bhoomi Yoga Foundation Kalaburgi |
| 20 | Kum.Apoorva K | B A I Yr | 03 rd September 2017 | State Level Yoga Championship | B Grade | Bhoomi Yoga Foundation Kalaburgi |
| 21 | Kum.Jakkavva | B A III Yr | 03 rd September 2017 | State Level Yoga Championship | B Grade | Bhoomi Yoga Foundation Kalaburgi |
| 22 | Kum.Malashree R H | B A I Yr | 03 rd September 2017 | State Level Yoga Championship | B Grade | Bhoomi Yoga Foundation Kalaburgi |
| 23 | Kum.Vijayalaxmi | B A III Yr | 03 rd September 2017 | State Level Yoga Championship | B Grade | Bhoomi Yoga Foundation Kalaburgi |
| 24 | Kum. Praneeta J Lahoti | B Com II Yr | | Inter University chess Tournament | III Prize | Savita University Chennai |
| 25 | Kum Malashree R H Malashree | B A I Yr | | State level Dasara Karate | III place | Mysore |

Report of 2018-19

| Sl No | Name of the Student | Class | Date & Year | Event | Place/Grade | Venue |
|-------|-----------------------|--------------|---|------------------------------------|--------------|--|
| 1 | Kum. Jyoti V | B Com I Yr | 26 th & 27 th Sept 2018 | Inter Collegiate Chess Tournament | Third Place | Theosophical women's College Hospet |
| 2 | Kum Praneeta J Lahoti | B Com III Yr | 26 th & 27 th Sept 2018 | Inter Collegiate Chess Tournament | Third Place | Theosophical women's College Hospet |
| 3 | Kum Aishwarya Bandi | B Com III Yr | 26 th & 27 th Sept 2018 | Inter Collegiate Chess Tournament | Third Place | Theosophical women's College Hospet |
| 4 | Kum. Chandrakala V | B Com II Yr | 26 th & 27 th Sept 2018 | Inter Collegiate Chess Tournament | Third Place | Theosophical women's College Hospet |
| 5 | Kum Nikhita B H | B A II Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | First Place | Bhoomi Yoga Foundation Trust Kalaburgi |
| 6 | Kum. Mahadevi J N | B A III Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | Second Place | Bhoomi Yoga Foundation Trust Kalaburgi |
| 7 | Kum. Malashree R H | B A II Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | Third Place | Bhoomi Yoga Foundation Trust Kalaburgi |
| 8 | Kum. Meghana v B | B A III Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | A Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 9 | Kum. Anita S J | B A III Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 10 | Kum. Jyoti Dayal | B Com III Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |

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| 11 | Kum. Sunita G A | B Com III Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | A Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 12 | Kum. Gurulata G R | B A II Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | A Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 13 | Kum. Pooja C G | B A II Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 14 | Kum.Sudharani M N | B A II Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 15 | Kum. . Soni | B A III Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 16 | Kum. Laxmi B R | B A II Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 17 | Kum. Shreedevi J P | B A II Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 18 | Kum. Ambika L T | B A II Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 19 | Kum. Basamma N P | B A II Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 20 | Kum. Nikhita B H | B A II Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | A Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 21 | Kum.Mahadevi J N | B A III Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | A Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 22 | Kum.Malashree R H | B A II Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | A Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 23 | Kum. Apoorva K | B A III Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 24 | Kum. Bhagyashree K T | B A II Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 25 | Kum Sudha S R | B A II Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |

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| 26 | Kum. Swati B H | B A III Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 27 | Kum Pooja D | B A II Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 28 | Kum Seema V P | B A II Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 29 | Kum Geeta H | B A II Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 30 | Kum Deepika B M | B A II Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 31 | Kum Tejashvini K | B A II Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 32 | Kum Kaveri P K | B A II Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 33 | Kum Priyanka k J | B A 5I Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 34 | Kum Pallavi S | B A 7I Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 35 | Kum Pratiksha A B | B A II Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |

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| 37 | Kum Sudhashree B | B A II Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 38 | Kum Shankramma K | B A II Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 39 | Kum Annemma S M | B A II Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 40 | Kum Ashvini A R | B A II Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 41 | Kum Bhanumati H | B A II Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 42 | Kum Manikbai G T | B A I Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 43 | Kum Sudha A D | B A I Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 44 | Kum Ranjita J H | B A I Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |
| 45 | Kum Aishwarya S C | B A III Yr | 23 rd Sept 2018. | State Level Open Yoga Championship | B Grade | Bhoomi Yoga Foundation Trust Kalaburgi |

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| 46 | Kum Praneeta Lahoti | B Com III Yr | | Inter University chess Tournament | Participate d | VIT University Chennai |
| 47 | Kum Malashree R H | B A II Yr | 25 th Aug 2018 | National level Karate Open Tournament | Gold Medal | Mysore. |
| 48 | Kum Malashree R H | B A II Yr | 19 th Jan 2019 | State level Karate Open Tournament | Silver Medal | V V Convention Hall Bangalore on |
| 49 | Kum Malashree R H | B A II Yr | 26 th Aug 2018 | National level Karate Open Tournament | First Place | Mabuni Cup Chamundi Vihar Indoor Stadium Nazrabad Mysore |
| 50 | Kum Malashree R H | B A II Yr | 23 rd & 24 th Nov 2019 | Indian Karate Team[International Level] | Third Place | Jakarta Indonesia |
| 51 | Kum.Ambika | B A III Yr | 9 th Dec 2018. | National Level Yoga Championship-2018 | B Grade | Vivek Jagruta Yoga Vidya Peetha Kalaburagi |
| 52 | Kum Pooja T H | B A III Yr | 9 th Dec 2018 | National Level Yoga Championship-2018 | B Grade | Vivek Jagruta Yoga Vidya Peetha Kalaburagi |
| 53 | Kum. Swati B H | B A III Yr | 9 th Dec 2018 | National Level Yoga Championship-2018 | B Grade | Vivek Jagruta Yoga Vidya Peetha Kalaburagi |
| 54 | Kum. Pooja D | B A III Yr | 9 th Dec 2018 | National Level Yoga Championship-2018 | B Grade | Vivek Jagruta Yoga Vidya Peetha Kalaburagi |
| 55 | Kum.Apoorva K | B A II Yr | 9 th Dec 2018 | National Level Yoga Championship-2018 | B Grade | Vivek Jagruta Yoga Vidya Peetha Kalaburagi |

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| 56 | Kum Geeta H | B A II Yr | 9 th Dec 2018 | National Level Yoga Championship-2018 | B Grade | Vivek Jagruta Yoga Vidya Peetha Kalaburagi |
| 57 | Kum Deepika B M | B A II Yr | 9 th Dec 2018 | National Level Yoga Championship-2018 | B Grade | Vivek Jagruta Yoga Vidya Peetha Kalaburagi |
| 58 | Kum Shankramma K | B A II Yr | 9 th Dec 2018 | National Level Yoga Championship-2018 | B Grade | Vivek Jagruta Yoga Vidya Peetha Kalaburagi |
| 59 | Kum Bhanumati H | B A II Yr | 9 th Dec 2018 | National Level Yoga Championship-2018 | B Grade | Vivek Jagruta Yoga Vidya Peetha Kalaburagi |
| 60 | Kum Malashree R H | B A II Yr | 9 th Dec 2018 | National Level Yoga Championship-2018 | B Grade | Vivek Jagruta Yoga Vidya Peetha Kalaburagi |
| 61 | Kum Nikhita B H | B A II Yr | 9 th Dec 2018 | National Level Yoga Championship-2018 | B Grade | Vivek Jagruta Yoga Vidya Peetha Kalaburagi |
| 62 | Kum Bhagyashree C H | B Com I Yr | 9 th Dec 2018 | National Level Yoga Championship-2018 | B Grade | Vivek Jagruta Yoga Vidya Peetha Kalaburagi |
| 63 | Kum Savitri A G | B Com I Yr | 9 th Dec 2018 | National Level Yoga Championship-2018 | B Grade | Vivek Jagruta Yoga Vidya Peetha Kalaburagi |
| 64 | Kum Bhagyashree C H. | B Com I Yr | 1 st & 2 nd Dec 2018 | Inter University level | I Prize 100 Mts Run | GodutaiEngineering CollegeSharnbasva University. Kalaburagi |
| 65 | Kum Bhagyashree C H. | B Com I Yr | 1 st & 2 nd Dec 2018 | Inter University level | I Prize 200 Mts Run | GodutaiEngineering CollegeSharnbasva University. Kalaburagi |
| 66 | Kum Bhagyashree C H. | B Com I Yr | 1 st & 2 nd Dec 2018 | Inter University level | I Prize Long Jump | GodutaiEngineering CollegeSharnbasva University. Kalaburagi |
| 67 | Kum Praneeta J L | B Com III Yr | 1 st & 2 nd Dec 2018 | Inter University level | I Prize Chess | GodutaiEngineering CollegeSharnbasva University. Kalaburagi |
| 68 | Kum Pooja T B A III Year | B A III Yr | 1 st & 2 nd Dec 2018 | Inter University level | II Prize Chess | GodutaiEngineering CollegeSharnbasva University. Kalaburagi |

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| 69 | Kum. Ambika S Patil | B A III Yr | 13th Jan 2019 | Inter National Level Yoga Championship 2019 | Second place | Brahmashree Narayana Guru Yoga Mandira Trust (R) Mysore. |
| 70 | Kum. Nikhita B H | B A II Yr | 13th Jan 2019 | Inter National Level Yoga Championship 2019 | Third place | Brahmashree Narayana Guru Yoga Mandira Trust (R) Mysore. |
| 71 | Kum. Geeta H | B A II Yr | 13th Jan 2019 | Inter National Level Yoga Championship 2019 | Fifth place | Brahmashree Narayana Guru Yoga Mandira Trust (R) Mysore. |
| 72 | Kum. Shankramma K | B A II Yr | 13th Jan 2019 | Inter National Level Yoga Championship 2019 | Sixth place | Brahmashree Narayana Guru Yoga Mandira Trust (R) Mysore. |
| 73 | Kum. Deepika B M | B A II Yr | 13th Jan 2019 | Inter National Level Yoga Championship 2019 | Consolation | Brahmashree Narayana Guru Yoga Mandira Trust (R) Mysore |
| 74 | Kum. Sudhashree B | B A II Yr | 13th Jan 2019 | Inter National Level Yoga Championship 2019 | Consolation | Brahmashree Narayana Guru Yoga Mandira Trust (R) Mysore |

Report of 2019-2020

| Sl No | Name of the Student | Class | Date & Year | Event | Place/Grade | Venue |
|-------|---------------------|--------------|--------------------------------------|--|-------------|--|
| 1 | Kum. Jyoti V | B Com II Yr | 23rd & 24 th August 2019. | Inter Collegiate Chess Tournament | Runners Up | Govt Women's First Grade Degree College Koppal |
| 2 | Kum Bhavani G G | B Com I Yr | 23rd & 24 th August 2019. | Inter Collegiate Chess Tournament | Runners Up | Govt Women's First Grade Degree College Koppal |
| 3 | Kum Shivani A G | B A I Yr | 23rd & 24 th August 2019. | Inter Collegiate Chess Tournament | Runners Up | Govt Women's First Grade Degree College Koppal |
| 4 | Kum. Chandrakala V | B Com III Yr | 23rd & 24 th August 2019. | Inter Collegiate Chess Tournament | Runners Up | Govt Women's First Grade Degree College Koppal |
| 5 | Kum Ashwini M H | B Com II Yr | 23rd & 24 th August 2019. | Inter Collegiate Chess Tournament | Runners Up | Govt Women's First Grade Degree College Koppal |
| 6 | Kum. Gurulata G R | B A III Yr | 18 th August 2019 | National School & Colleges Grade Yoga Championship | A Grade | S G International Yoga Foundation College & Research Centre (R)Bangalore |
| 7 | Kum. Sudharani M N | B A III Yr | 18 th August 2019 | National School & Colleges Grade Yoga Championship | A Grade | S G International Yoga Foundation College & Research Centre (R)Bangalore |
| 8 | Kum. Nikhita B H | B A III Yr | 18 th August 2019 | National School & Colleges Grade Yoga Championship | A Grade | S G International Yoga Foundation College & Research Centre (R)Bangalore |

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| 9 | Kum Kaveri P K | B A III Yr | 18 th August 2019 | National School & Colleges Grade Yoga Championship | A Grade | S G International Yoga Foundation College & Research Centre (R)Bangalore |
| 10 | Kum Priyanka k J | B A III Yr | 18 th August 2019 | National School & Colleges Grade Yoga Championship | A Grade | S G International Yoga Foundation College & Research Centre (R)Bangalore |
| 11 | Kum Nirmala R | B A III Yr | 18 th August 2019 | National School & Colleges Grade Yoga Championship | A Grade | S G International Yoga Foundation College & Research Centre (R)Bangalore |
| 12 | Kum. Gurulata G R | B A III Yr | 18 th August 2019 | Vishwa Samskrutika Sambhrama-2019.(V S M World Record Surya NamaskaraYagna) | V S M Yoga Rathna Award | V S m Yoga Mandir Bangalore |
| 13 | Kum. Sudharani M N | B A III Yr | 18 th August 2019 | Vishwa Samskrutika Sambhrama .(V S M World Record Surya NamaskaraYagna) | V S M Yoga Rathna Award | Vishwa Samskrutika Sambhrama |
| 14 | Kum. Nikhita B H | B A III Yr | 18 th August 2019 | Vishwa Samskrutika Sambhrama .(V S M World Record Surya NamaskaraYagna) | V S M Yoga Rathna Award | Vishwa Samskrutika Sambhrama |
| 15 | Kum Kaveri P K | B A III Yr | 18 th August 2019 | Vishwa Samskrutika Sambhrama .(V S M World Record Surya NamaskaraYagna) | V S M Yoga Rathna Award | Vishwa Samskrutika Sambhrama |

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| 16 | Kum Priyanka k J | B A III Yr | 18 th August 2019 | Vishwa Samskrutika Sambhrama.(V S M World Record Surya NamaskaraYagna) | V S M Yoga Rathna Award | Vishwa Samskrutika Sambhrama |
| 17 | Kum Nirmala R | B A III Yr | 18 th August 2019 | Vishwa Samskrutika Sambhrama .(V S M World Record Surya NamaskaraYagna) | V S M Yoga Rathna Award | Vishwa Samskrutika Sambhrama |
| 18 | Kum Malashree R H | B A III Yr | 06 th & 07 th December 2019 | Inter Collegiate Karate Tournament &Selection trials Individual Kumate | Gold Medal U-45Kg | Godutai Doddappa Appa Arts & Commerce College for Women Kalaburagi |
| 19 | Kum Aishwarya B S | B A IYr | 06 th & 07 th December 2019 | Inter Collegiate Karate Tournament &Selection trials Individual Kumate | Silver Medal U-45Kg | Godutai Doddappa Appa Arts & Commerce College for Women Kalaburagi |
| 20 | Kum Geeta H | B A III Yr | 06 th & 07 th December 2019 | Inter Collegiate Karate Tournament &Selection trials Individual Kumate | Gold Medal U-50Kg | Godutai Doddappa Appa Arts & Commerce College for Women Kalaburagi |
| 21 | Kum Ashwini A R | B A III Yr | 06 th & 07 th December 2019 | Inter Collegiate Karate Tournament &Selection trials Individual Kumate | Silver Medal U-50Kg | Godutai Doddappa Appa Arts & Commerce College for Women Kalaburagi |
| 22 | Kum Shweta S | B A III Yr | 06 th & 07 th December 2019 | Inter Collegiate Karate Tournament &Selection trials Individual Kumate | Bronze Medal U-50Kg | Godutai Doddappa Appa Arts & Commerce College for Women Kalaburagi |

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|----|-------------------|----------------|--|---|------------------------|--|
| 23 | Kum Manikabai G T | B A II Yr | 06 th & 07 th December 2019 | Inter Collegiate Karate Tournament &Selection trials Individual Kumate | Gold Medal U- 55Kg | Godutai Doddappa Appa Arts & Commerce College for Women Kalaburagi |
| 24 | Kum Vaishnavi S K | B Com II Yr | 06 th & 07 th December 2019 | Inter Collegiate Karate Tournament &Selection trials Individual Kumate | Silver Medal U-55Kg | Godutai Doddappa Appa Arts & Commerce College for Women Kalaburagi |
| 25 | Kum Shweta M T | B A I Yr | 06 th & 07 th December 2019 | Inter Collegiate Karate Tournament &Selection trials Individual Kumate | Gold Medal U- 61Kg | Godutai Doddappa Appa Arts & Commerce College for Women Kalaburagi |
| 26 | Kum Sudha A D | B A II Yr | 06 th & 07 th December 2019 | Inter Collegiate Karate Tournament &Selection trials Individual Kumate | Silver Medal U-61Kg | Godutai Doddappa Appa Arts & Commerce College for Women Kalaburagi |
| 27 | Kum Prakruti K | B Com I Yr | 06 th & 07 th December 2019 | Inter Collegiate Karate Tournament &Selection trials Individual Kumate | Bronze Medal U-61Kg | Godutai Doddappa Appa Arts & Commerce College for Women Kalaburagi |
| 28 | Kum Deepika B M | B A III Yr | 06 th & 07 th December 2019 | Inter Collegiate Karate Tournament &Selection trials Individual Kumate | Gold Medal U- 65Kg | Godutai Doddappa Appa Arts & Commerce College for Women Kalaburagi |
| 29 | Kum Malashree R H | B A III Yr | 06 th & 07 th December 2019 | Inter Collegiate Karate Tournament &Selection trials Team Kumate | Gold Medal U- 50Kg | Godutai Doddappa Appa Arts & Commerce College for Women Kalaburagi |
| 30 | Kum Aishwarya B S | B A IYr | 06 th & 07 th December 2019 | Inter Collegiate Karate Tournament &Selection trials Team Kumate | Silver Medal U-50Kg | Godutai Doddappa Appa Arts & Commerce College for Women Kalaburagi |

| | | | | | | |
|----|-------------------|----------------|--|--|-------------------------|--|
| 31 | Kum Shweta S | B A III Yr | 06 th & 07 th December 2019 | Inter Collegiate Karate Tournament & Selection trials Team Kumate | Gold Medal U- 50Kg | Godutai Doddappa Appa Arts & Commerce College for Women Kalaburagi |
| 32 | Kum Shweta M T | B A I Yr | 06 th & 07 th December 2019 | Inter Collegiate Karate Tournament & Selection trials Team Kumate | Bronze Medal U-61Kg | Godutai Doddappa Appa Arts & Commerce College for Women Kalaburagi |
| 33 | Kum Manikabai G T | B A II Yr | 06 th & 07 th December 2019 | Inter Collegiate Karate Tournament & Selection trials Team Kumate | Gold Medal U- 61Kg | Godutai Doddappa Appa Arts & Commerce College for Women Kalaburagi |
| 34 | Kum Vaishnavi S K | B Com II Yr | 06 th & 07 th December 2019 | Inter Collegiate Karate Tournament & Selection trials Team Kumate | Silver Medal U- 61Kg | Godutai Doddappa Appa Arts & Commerce College for Women Kalaburagi |
| 35 | Kum Malashree R H | B A III Yr | 06 th & 07 th December 2019 | Inter Collegiate Karate Tournament & Selection trials Individual Kata | Gold Medal | Godutai Doddappa Appa Arts & Commerce College for Women Kalaburagi |
| 36 | Kum Aishwarya B S | B A IYr | 06 th & 07 th December 2019 | Inter Collegiate Karate Tournament & Selection trials Individual Kata | Silver Medal | Godutai Doddappa Appa Arts & Commerce College for Women Kalaburagi |
| 37 | Deepika B M | B A III Yr | 06 th & 07 th December 2019 | Inter Collegiate Karate Tournament & Selection trials Individual Kata | Bronze Medal | Godutai Doddappa Appa Arts & Commerce College for Women Kalaburagi |
| 38 | Kum Malashree R H | B A III Yr | 06 th & 07 th December 2019 | Inter Collegiate Karate Tournament & Selection trials Team Kata | Gold Medal | Godutai Doddappa Appa Arts & Commerce College for Women Kalaburagi |

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|----|-------------------|-------------|--|---|-------------------------|--|
| 39 | Kum Aishwarya B S | B A IYr | 06 th & 07 th December 2019 | Inter Collegiate Karate Tournament & Selection trials Team Kata | Gold Medal | Godutai Doddappa Appa Arts & Commerce College for Women Kalaburagi |
| 40 | Deepika B M | B A III Yr | 06 th & 07 th December 2019 | Inter Collegiate Karate Tournament & Selection trials Team Kata | Gold Medal | Godutai Doddappa Appa Arts & Commerce College for Women Kalaburagi |
| 41 | Kum Malashree R H | B A III Yr | 06 th & 07 th December 2019 | Inter University karate Tournament Individual & Team Kumate & Kata | Participated U-45Kg | Godutai Doddappa Appa Arts & Commerce College for Women Kalaburagi |
| 42 | Kum Aishwarya B S | B A I Yr | 07 th January 2020 to 10 th January 2020 | Inter University karate Tournament Team Kata | Participated | Sathyabhama Institute of Science & Technology Chennai |
| 43 | Kum Geeta H | B A III Yr | 07 th January 2020 to 10 th January 2020 | Inter Collegiate Karate Tournament Individual Kumate | Participated U-50Kg | Sathyabhama Institute of Science & Technology Chennai |
| 44 | Kum Ashwini A R | B A III Yr | 07 th January 2020 to 10 th January 2020 | Inter University Karate Tournament Team Kumate | Participated U-50Kg | Sathyabhama Institute of Science & Technology Chennai |
| 45 | Kum Shweta S | B A III Yr | 07 th January 2020 to 10 th January 2020 | Inter university Karate Tournament & Selection trials Team Kumate | Participated U-50 Kg | Sathyabhama Institute of Science & Technology Chennai |
| 46 | Kum Manikabai G T | B A II Yr | 07 th January 2020 to 10 th January 2020 | Inter University Karate Tournament Individual U-55Kg & Team Kumate | Participated U-61 Kg | Sathyabhama Institute of Science & Technology Chennai |
| 47 | Kum Vaishnavi S K | B Com II Yr | 07 th January 2020 to 10 th January 2020 | Inter University Karate Tournament Team Kumate | Participated U-61 Kg | Sathyabhama Institute of Science & Technology Chennai |

| | | | | | | |
|----|-------------------|------------|--|---|---------------------|---|
| 48 | Kum Shweta M T | B A I Yr | 07 th January 2020 to 10 th January 2020 | Inter University Karate Tournament Individual & Team Kumate | Participated U-61Kg | Sathyabhama Institute of Science & Technology Chennai |
| 49 | Deepika B M | B A III Yr | 07 th Jan 2020 to 10 th Jan 2020 | Inter University Karate Tournament Individual Kumate & Team Kata | Participated U-68Kg | Sathyabhama Institute of Science & Technology Chennai |
| 50 | Kum Malashree R H | B A III Yr | 21 st Jan to 23 rd Jan 2020. | All India Inter University Pencak Tournament | Bronze Medal | Gulbarga University Kalaburagi |
| 51 | Kum Geeta H | B A III Yr | 07 th January 2020 to 10 th January 2020 | All India Inter University Pencak Tournament | Participated | Gulbarga University Kalaburagi |
| 52 | Kum Manikabai G T | B A II Yr | 07 th January 2020 to 10 th January 2020 | All India Inter University Pencak Tournament | Participated | Gulbarga University Kalaburagi |
| 53 | Kum Aishwarya B S | B A IYr | 06 th & 07 th December 2019 | All India Inter University Pencak Tournament | Participated | Gulbarga University Kalaburagi |
| 54 | Kum Malashree R H | B A III Yr | 02 nd February 2020 | World Record 3G Surya Namaskaram & 3G Prana Kriya 1008 Surya Namaskar Noble world Records | Participated | 3G Yoga Mandir Vartur Bangalore. |
| 55 | Kum Geeta H | B A III Yr | 02 nd February 2020 | World Record 3G Surya Namaskaram & 3G Prana Kriya 1008 Surya Namaskar Noble world Records | Participated | 3G Yoga Mandir Vartur Bangalore. |

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|-----------|----------------------------|---------------------|---|--|------------------------------------|--|
| 56 | Deepika B M | B A III Yr | 02nd February 2020 | World Record 3G Surya Namaskaram & 3G Prana Kriya 1008 Surya Namaskar Noble world Records | Participated | 3G Yoga Mandir Vartur Bangalore. |
| 57 | Kum Pallavi S | B A III Yr | 02nd February 2020 | World Record 3G Surya Namaskaram & 3G Prana Kriya 1008 Surya Namaskar Noble world Records | Participated | 3G Yoga Mandir Vartur Bangalore. |
| 58 | Kum Malavva S | B A III Yr | 02nd February 2020 | World Record 3G Surya Namaskaram & 3G Prana Kriya 1008 Surya Namaskar Noble world Records | Participated | 3G Yoga Mandir Vartur Bangalore. |
| 29 | Kum Sudhashree B | B A III Yr | 02nd February 2020 | World Record 3G Surya Namaskaram & 3G Prana Kriya 1008 Surya Namaskar Noble world Records | Participated | 3G Yoga Mandir Vartur Bangalore. |
| 60 | Kum Shankramma K | B A III Yr | 02nd February 2020 | World Record 3G Surya Namaskaram & 3G Prana Kriya 1008 Surya Namaskar Noble world Records | Participated | 3G Yoga Mandir Vartur Bangalore. |
| 61 | Kum Bhagyashree C H | B com II Yr | 07th & 08th March 2020 | Umang-20 | II Place(Rs 750 Cash Prize) | Sharnbasveshwar College of Science Kalaburagi |
| 62 | Kum Chandrakala V B | B com III Yr | 07th & 08th March 2020 | Umang-20 | II Place(Rs 500 Cash Prize) | Sharnbasveshwar College of Science Kalaburagi |
| 63 | Kum Jyoti V B | B com II Yr | 07th & 08th March 2020 | Umang-20 | II Place(Rs 500 Cash Prize) | Sharnbasveshwar College of Science Kalaburagi |

Report of 2020-2021

| Sl No | Name of the Student | Class | Date & Year | Event | Place/Grade | Venue |
|-------|---------------------|------------|-------------|---|---------------------------------------|--|
| 1 | Kum Aishwarya B S | B A II Yr | 08/08/2021 | Ist State Level Kick Boxing Championship-2021 (Light Contact) | Gold Medal U-50Kg (Senior Female) | University of Mysore. Mysore |
| 2 | Kum Shweta M T | B A II Yr | 08/08/2021 | Ist State Level Kick Boxing Championship-2021 (Point Fighting) | Gold Medal U-60Kg (Senior Female) | University of Mysore Mysore |
| 3 | Kum Reshma H chavan | B A II Yr | 08/08/2021 | Ist State Level Kick Boxing Championship-2021 (Light Contact) | Silver Medal U50Kg (Senior Female) | University of Mysore Mysore |
| 4 | Kum Pooja Solapur | B Com I yr | 29/08/2021 | Open Cycle Race | I Place | Sharnbasveshwar College of Arts Kalaburagi |
| 5 | Kum Chandrakala C P | B Com I yr | 29/08/2021 | Open Cycle Race | II Place | Sharnbasveshwar College of Arts Kalaburagi |
| 6 | Kum Anuradha A G | B A I Yr | 12/09/2021 | Open Yoga Competition | Participated | Four Institutions Collaboration |

| | | | | | | |
|-----------|----------------------------|------------------|---------------------------------|--|--|--|
| 9 | Kum Manjula M | B A I Yr | 12/09/2021 | Open Yoga Competition | Participated | Four Institutions Collaboration |
| 10 | Kum Priyanka D N | B A I Yr | 12/09/2021 | Open Yoga Competition | Participated | Four Institutions Collaboration |
| 11 | Kum Shambhavi J | B A I Yr | 12/09/2021 | Open Yoga Competition | Participated | Four Institutions Collaboration |
| 12 | Kum Siddamma H | B A I Yr | 12/09/2021 | Open Yoga Competition | Participated | Four Institutions Collaboration |
| 13 | Kum Supriya P K | B A I Yr | 12/09/2021 | Open Yoga Competition | Participated | Four Institutions Collaboration |
| 14 | Kum Vidyashree S | B A I Yr | 12/09/2021 | Open Yoga Competition | Participated | Four Institutions Collaboration |
| 15 | Kum Vidya | B A I Yr | 12/09/2021 | Open Yoga Competition | Participated | Four Institutions Collaboration |
| 16 | Kum Aishwarya B S | B A II Yr | 28/09/2021 to 30/09/2021 | National Level Kick Boxing Championship-2021 (Light Contact) | Participated U-50Kg (Senior Female) | Goa |
| 17 | Kum Shweta M T | B A II Yr | 28/09/2021 to 30/09/2021 | National Level Kick Boxing Championship-2021 (Point Fighting) | Participated U-60Kg (Senior Female) | Goa |
| 18 | Kum Reshma H chavan | B A II Yr | 28/09/2021 to 30/09/2021 | National Level Kick Boxing Championship-2021 (Light Contact) | Bronze Medal U50Kg (Senior Female) | Goa |

UNIVERSITY BLUE'S OF KARNATAKA STATE WOMEN'S UNIVERSITY VIJAYAPURA.

2017-2018

•Praneeta J Lahoti---B Com II--Chess----Savita University Chennai & won Third Place
South Zone Inter University Chess Tournament.

2018-2019

•Praneeta J Lahoti----B Com III--- Chess----VIT University Chennai

2019-2020

All India Inter University Karate was held at Sathyabhama University Chennai from
07th to 10th January 2020

| | | |
|-----------------------------------|-----------|-------------------------------------|
| Malashree R H-----B A III----- | U-45Kg-- | Individual Kata, Kumate & Team Kata |
| •Aishwarya B S -----B A I----- | U-45Kg--- | Team Kata |
| •Geeta H-----B A III----- | U-50Kg- | Individual Kumate |
| •Ashwini A R-----B A III----- | U-50Kg-- | Individual Kumate |
| •Shweta S-----B A III----- | U-50Kg-- | Individual Kumate |
| •Manikabai G T -----B A II----- | U-55Kg--- | Individual Kumate |
| •Vaishnavi S K -----B Com II----- | U-55Kg--- | Individual Kumate |
| •Shweta M T -----B A I----- | U-61Kg--- | Individual Kumate |
| •Deepika B M -----B A III---- | U-68Kg-- | Individual Kumate & Team Kata |

Pencak Silat was held at Gulbarga University Gulbarga from 21st to 23rd January 2020

- Malashree R H----- B A III----- U-45Kg— Pencak Silat Bronze Medal**
- Aishwarya B S ----- -B A I----- U-45Kg--- Pencak Silat**
- Geeta H----- B A III----- U-50Kg- - Pencak Silat**
- Manikabai G T -----B A II-----U-55Kg--- Pencak Silat**

•2020-2021

•Due to Corona Sports activities are not conducted

•2021-2022

All India Inter University Karate was held at Kurukshetra University Kurukshetra 14th to 17th March 2022.

- Kum Shweta M T ---- B A III Yr---U-60Kg (Senior Female)**
- Kum Vaishali Natikar-----B A II Yr----U-70Kg (Senior Female)**

All India Inter University Pencak Silat was held at Jammu University Jammu 25th to 27th May 2022.

- Kum Vaishali Natikar-----B A II Yr----U-70Kg (Senior Female)—Bronze medal**

Certificate Course in Yoga(2Weeks)

from 2016-2017 to 2019-2020

I Introduction

II. Diet

III Astanga Yoga

Asanas

Shatkriyas

Meditation

Effects of Yoga

Standing Asanas

- 1.SuryaNamaskar**
- 2. Vrikshasana**
- 3.Chakrasana**
- 4. Natarajasana**
- 5.Ek Pada Padma Hastasana etc**

Sitting Asanas

- 1. Paschimottanasana**
- 2. Dhanurasana**
- 3. Rajakapotasana**
- 4.Padmasana**
- 5.Matsyendrasana etc**

Shatkriyas

- 1. Jalaneti**
- 2. Jala Kapalabhati**
- 3. Sutra Neti**

Meditation

Certificate Course in Karate(One Month)

from 2016-2017 to 2019-2020

I Introduction

2. Meaning

3. Definition

II. Exercises:-

- Stamina Exercise
- Stomach Exercise

III. Basic Blocks

- 1. Lower Block**
- 2. Upper Block**
- 3. Side Block**
- 4. Outer Middle**
- 5. Inner Middle**

IV. Punches

- 1. Face Punch**
- 2. Stomach Punch**
- 3. Neck Punch**
- 4. Growing Punch**
- 5. Hook Punch**
- 6. Straight Elbow**

V. Kicks

- 1. Side Kick**
- 2. Thai Kick**
- 3. Grating Kick /Straight Kick**
- 4. Thus Kick**
- 5. Slap Kick**

Organized Tournaments /Certificate Courses

- ❖ Inter Collegiate Chess Tournament
- ❖ Inter Collegiate Karate Tournament
- ❖ Karate Coaching Camp for Karnataka State
Akkamahadevi Women's University
Vijayapura.
- ❖ Blood Donation Camp
- ❖ Yoga Certificate Course
- ❖ Karate Certificate Course

Sports Advisory Committee

| Sl No | Year | Name of the Faculty | Department |
|-------|-----------|----------------------|------------|
| 1 | 2016-17 | Dr.Indira Shetkar | English |
| 2 | 2017-18 | Smt. Shantala Nisty | Fine Art |
| 3 | 2018-19 | Dr Puttamani Devidas | Kannada |
| 4 | 2019-2020 | Dr Seema patil | Music |
| 5 | 2020-2021 | Dr Seema patil | Music |

Visitors to the Department

| Sl No | Name of the Senior Visitor | Year | Facts |
|-------|----------------------------|------------------------------|---------------------|
| 1 | Dr Nirmala Kelamani | 5 th March 2016. | Nutrition |
| 2 | Shri Chandrakant Biradar | 27 th April 2016 | Yoga |
| 3 | Shri Nagaraj S | 22 nd July 2017 | Yoga |
| 4 | Shri Chandrakant Biradar | 22 nd July 2017 | Yoga |
| 5 | Dr.Rajesh Patil | 29 th August 2017 | National Sports Day |
| 6 | Dr.Rajesh Nadgir | 3 rd April 2018 | Life Skills |
| 7 | Dr.Pradeep B S | 3 rd April 2018 | Life Skills |
| 8 | Miss Swati Shahane | 3 rd April 2018 | Life Skills |
| 9 | Prof Ramesh Gouda | 4 th April 2018 | Life Skills |
| 10 | Dr.Jyoti K S | 5 th April 2018 | Life Skills |
| 11 | Prof Mary Mathew | 6 th April 2018 | Life Skills |
| 12 | Shri Devaraj Kannadagi | 7 th April 2018 | Life Skills |

| Sl No | Name of the Senior Visitor | Year | Facts |
|-------|-----------------------------|--|--|
| 13 | Shri Nagaraj S | 16 th August 2019 | Yoga |
| 14 | Shri Manohar Kumar Beernoor | 1 st September 2019 | Karate |
| 15 | Sri Chandrakanth Biradar | 21 st June 2019 | Yoga Teacher Inter National Yoga Day |
| 16 | Sri Nagaraj Salolli | 21 st June 2019 | Yoga Teacher Inter National Yoga Day |
| 17 | Sri Omkar Dandoti | 16 th July 2019 | Chess Coach |
| 18 | Dr. Jyoti M Reddy | 29 th August 2019 | National Sports Day |
| 19 | Sri Basavaraj Deshmukh | 06 th & 07 th Dec 2019 | Inaugurator of Inter Collegiate karate Tournament & Selection Trails |
| 20 | Sri Dashrath S Dummansur | 06 th & 07 th Dec 2019 | Chief Guest of Inter Collegiate karate Tournament & Selection Trails |
| 21 | Sri Vishwanath Nadakatti | 06 th & 07 th Dec 2019 | Chief Guest of Inter Collegiate karate Tournament & Selection Trails |
| 22 | Sri Manohar Kumar Beernoor | 06 th & 07 th Dec 2019 | Referee of Inter Collegiate karate Tournament & Selection Trails |

Action Plan of Next Five Years

- ✓ 2017-2018- Arranging one day Work shop about Women Sports Coaching in Aerobics
- ✓ 2018-2019- Training in Weight Lifting.
- ✓ 2019-2020- Orienting in Handball and Net ball.
- ✓ 2020-2021- Planning to train up in Taekwondo.
- ✓ 2021-2022- Planning to conduct State Conference.

FACULTY PROFILE



- **Smt Janaki Hour**
- **Qualification: M.P .Ed**
- **Designation: Physical Director**
- **Experience: 26 Years**
- **Cell No: 8105297959**
- **Mail ID:**
- **janaki.hosur16@gmail.com**

Smt Janaki Hosur Profile

Training and Capacity Building Workshops attended

| Sl No | Title | Dept/Agency | Date/Year | Venue |
|-------|---|-----------------------------------|---|---|
| 1 | Sports Policy | UGC [Workshop] | 18 th & 19 th June 2016 | Karnataka State Women's University Bijapur |
| 2 | TOT Training | NSS Cell [Training] | 28 th February to 2 nd March 2017 | Karnataka State Women's University Bijapur |
| 3 | Athletics & Kabaddi Rules | UGC [Workshop] | 19 th & 20 th February 2018 | Gulbarga University Gulbarga |
| 4 | New Modalities of IQAC /NAAC | IQAC Cell [Workshop] | 8 th September 2018 | MSI Irani College of Arts Science & Commerce Kalaburagi |
| 5 | Quality Assurance in Higher Education –The Role of IQAC | IQAC Cell [Workshop] | 28 th December 2018 | Sharnbasveshwar College of Arts Kalaburagi |
| 6 | Cancer Awareness outreach Programme | NSS Cell [Training] | 16 th January 2021 | Karnataka State Women's University Vijayapura |
| 7 | Online Orientation Programme for Youth Red Cross Program Officers | Indian Red Cross Karnataka Branch | 15 th September 2020 | Tumkur University |

Coaching & Participating duties

| Sl. No | Particulars |
|-----------|--|
| 01 | Engaged extra coaching classes in Chess, Yoga , Karate and Athletics etc. |
| 02 | Reading/Instructional material provided, used additional knowledge resources for subjects enrichment through PPT |
| 03 | Given coaching for our affiliated University karate team |
| 04 | Worked as a Selection Committee Member in Inter Collegiate Selection Trials and for Team manager for Inter University Competitions in Indoor and Out Door Games. |

Inter National Conference & Seminars

| Sl No | Year | Title | Presented | Participated | Venue |
|-------|---|--|---|--------------|---|
| 1 | 24 th & 25 th March 2017 | Impact of Psychological factors on the performance of Sports Persons | [UGC] Conference Presented | - | Gulbarga University Gulbarga |
| 2 | 6 th & 7 th April 2017 | Ambedkar Thoughts on Democracy | [UGC] Conference Presented | - | Karnataka State Akkamahadevi Women's University Vijayapura |
| 3 | 15 th April 2017 | Challenges faced by Women in Sports | Karnataka State Higher Council Bangalore [Seminar] | - | G P Porwal Arts & Commerce & V V Salimath Science & B C A College & Bhaskarachaya P G Centre Sindhagi |
| 3 | 15 th April 2017 | Challenges faced by Women in Sports | Karnataka State Higher Council Bangalore | - | G P Porwal Arts & Commerce & V V Salimath Science & B C A College & Bhaskarachaya P G Centre Sindhagi |

| Sl No | Year | Title | Presented | Participated | Venue |
|-------|--|---|--|--------------|--|
| 4 | 15 th April 2017 | Challenges faced by Women in Sports | Karnataka State Higher Council Bangalore | - | G P Porwal Arts & Commerce & V V Salimath Science & B C A College & Bhaskaracharya P G Centre Sindhagi |
| 5 | 30 th August & 1 st September 2019 | Recent Trends in Science Engineering , Business studies, Humanities & Social Sciences | - | Delegate | Sharnbasva University Kalaburagi |

National Conference & Seminars

| Sl No | Year | Title | Presented | Participated | Venue |
|-------|---|---|----------------------|--------------|---|
| 1 | 22 nd October 2016 | Human Rights [Seminar] | - | Delegate | Siddhartha Arts & Commerce College Bidar |
| 2 | 8 th & 9 th April 2017 | Ambedkar & women Empowerment | UGC Two Days Seminar | - | Government First Grade College Jewargi |
| 3 | 9 th March 2018 | Educational Conference on Values of Yoga & Spirituality for Global Transformation | One Day Seminar | - | Gulbarga University Gulbarga |
| 4 | 26 th & 27 th December 2018 | Best Practices in Higher Education | Two Days Seminar | - | MSI Irani Degree College of Arts, Science & Commerce Kalaburagi |

| Sl No | Year | Title | Presented | Participated | Venue |
|-------|--|--|---------------------|--------------|---|
| 5 | 15 th & 16 th July 2019 | Best Practices in Higher Education in Sports | Two Days Seminar | - | Sharnbasveshwar College of Arts Kalaburagi |
| 6 | 2 nd February 2020 | Intellectual Property Rights | | Delegate | SSK Basveshwar Arts Science & Commerce, UG & PG College BasavaKalyan |
| 7 | 7 th March 2021 | National Education Policy-2020 | One Day Seminar | - | Godutai Doddappa Appa Arts & Commerce College for Women Kalaburagi |

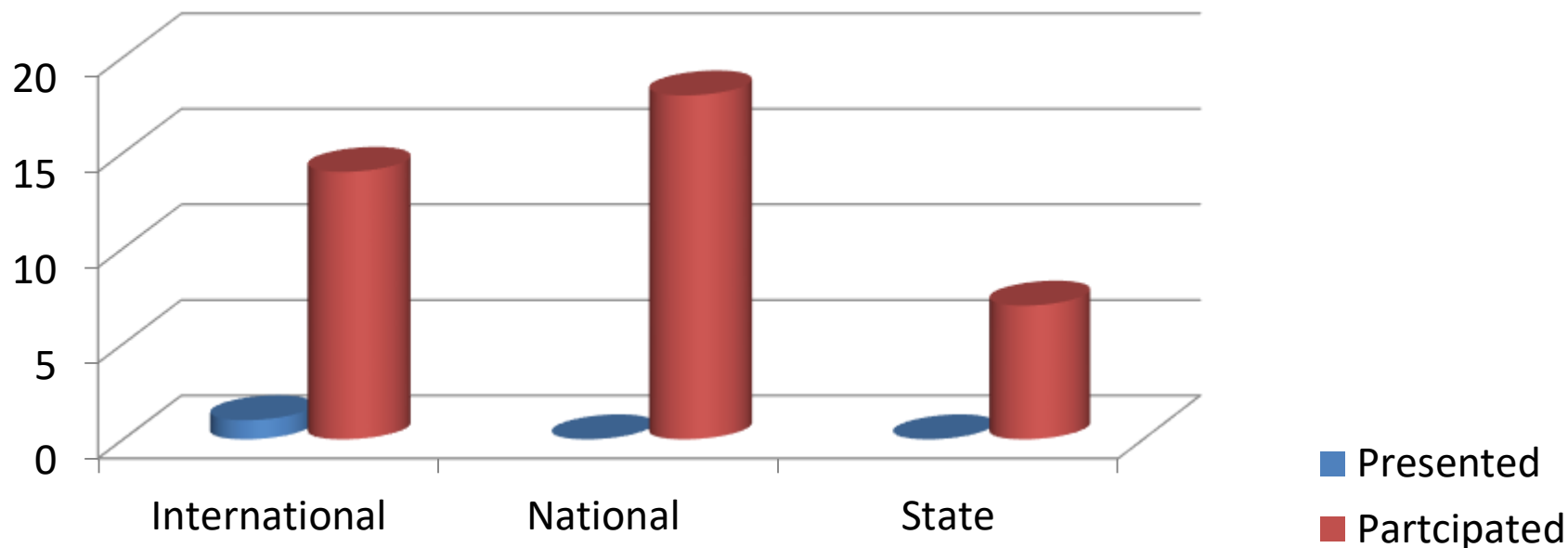
Online International Conference & Seminars

| Sl No | Year | Title | Participated | Venue |
|--------------|--|--|---------------------|---|
| 1 | 20th May 2020 | Latest Horizons in Physical Education & Sports | Delegate | Osmania University Hyderabad |
| 2 | 29th May 2020 | Impact of Covid-19 on Physical Education Best Paper Presenter Award | - | SPDM Arts SBB & SHD & SMA Science College Shirpur Dist Dhule Maharashtra |
| 3 | 6th & 7th June 2020 | Research I Physical Education& Sports | Delegate | Anurag University Hyderabad Telangana |
| 4 | 13th August 2020 | Wellness though Fitness Conditioning & Rehabilitation | Delegate | Govt First Grade College Devanahalli Bengaluru |
| 5 | 3rd to 9th September 2020 | Kannada Cultural Heritage & Women [Webinar Series] | Delegate | Godutai Doddappa Appa Arts & Commerce College for Women Kalaburagi |

| Sl No | Year | Title | Participated | Venue |
|-------|-------------------------------------|--|--------------|--|
| 6 | 22 nd October 2020 | Truths about Heavy Resistance Training | Delegate | Indian Academy Autonomous Degree College Bangalore |
| 7 | 23 rd October 2020 | Reconceptualising holistic health & fitness in the context of Covid-19 | Delegate | Govt First Grade College Ramanagara Karnataka |
| 8 | 15 th January 2021 | Budha, Basava, Karl Marx, Ambedkar & Lohiyas political & Economical ideas | Delegate | Vachana Mantapa Vedike Muscat Oman |
| 9 | 28 th January 2021 | Trends & Tendencies in English for Specific Puposes | Delegate | Godutai Doddappa Appa Arts & Commerce College for Women Kalaburagi |
| 10 | 10 th May 2021 | Security starts with your brain not your password | Delegate | S K Arts College & S K Science Institute Hubballi Karnataka |

| Sl No | Year | Title | Participated | Venue |
|-------|-----------------------------|--|--------------|---|
| 11 | 13 th June 2021 | Physical Activity & Wellness- The effective modality for managing Covid-19 | Delegate | Govt of Karnataka Dept of Collegiate Education & Physical Education Foundation of India Karnataka Chapter |
| 12 | 13 th July 2021 | Career opportunities in spots fitness & allied sectors | Delegate | PG Jabin Science Autonomous College Hubballi Karnataka |
| 13 | 3 rd August 2021 | Carbon Dynamics in Deciduous forests | Delegate | Shri Siddaganga First Grade College of Arts & Commerce Nelamangala Karnataka |
| 14 | 20 th July 2021 | Yoga in new generation | Delegate | NGVC Arts, Commerce & Science College Muddebihal |

Online Seminars & Conferences of 2020-2021



| Sl No | Levels | Presented | Participated |
|-------|---------------|-----------|--------------|
| 1 | International | 01 | 13 |
| 2 | National | - | 18 |
| 3 | State | - | 07 |

Faculty Development Program

| Sl No | Year | Title | State | National | Venue |
|-------|---|--|-------------------------|-----------------------|--|
| 1 | 19 th to 24 th July 2016 | Personality Development in Sports | Delegate One Week | - | Appa Engineering & Technology |
| 2 | 2 nd to 7 th May 2020 | Impact of Covid- 19 | - | Delegate Five Days | Godutai Doddappa Appa Arts & Commerce College for Women Kalaburagi |
| 3 | 22 nd to 26 th May 2020 | Physical Education & Sports | - | Online Delegate | Indian Institute of Scientific Research & analysis .Maharashtra |
| 4 | 26 th to 30 th July | Adaptation of new normal to a New future | Online Delegate | - | Abbas Khan College for Women Bangalore |

AWARDS

| Sl No | Date & Year | Award Name | Institution | Subject |
|-------|---------------------------------|---|--|----------------------|
| 1 | 29 th May 2020 | Best Paper Presenter | SPDM Arts & SHD & SMA Science College Shirpur Dist Dhule Maharashtra | Best Paper Presenter |
| 2 | 12 th September 2021 | Best NSS Programme Officer [University level] | Karnataka State Akkamahadevi Women's University Vijayapura | For Social Service. |

